





**The Sustainable Development Goals (SDGs)** are a universal call to action adopted by the **United Nations** in **2015** to end poverty, protect the planet, and ensure peace and prosperity for all by 2030.

Comprising **17 interconnected goals**, they address a wide range of global challenges, including poverty, hunger, health, education, gender equality, clean water, affordable energy, climate action, and sustainable economic growth.

The SDGs emphasize that development must balance social, economic, and environmental sustainability.

They are designed to leave no one behind, promoting inclusive progress for all nations, regardless of income level.

Achieving these goals requires collaboration among governments, the private sector, civil society, and individuals.

Together, the SDGs represent a roadmap for a better and more sustainable future for everyone.

## JANUARY

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## FEBRUARY

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

## MARCH

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## APRIL

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## MAY

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## JUNE

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## JULY

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## AUGUST

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## SEPTEMBER

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## OCTOBER

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## NOVEMBER

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## DECEMBER

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## “BRIDGING CONTINENTS THROUGH KNOWLEDGE”

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



4



**24 Jan** - International Day of Education. [To read more, click](#)

7



**26 Jan** - International Day of Clean Energy. [To read more, click](#)

# FEBRUARY

“EMPOWER HER MIND, IGNITE THE FUTURE”

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	



**05 Feb** - ECOSOC Partnership Forum. [To read more, click](#)



**20 Feb** - World day of Social Justice. [To read more, click](#)



**11 Feb** - International Day of Women and Girls in Science.

[To read more, click](#)

# MARCH

“FROM INSPIRATION TO ACTION”

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



**03 Mar** - World Wildlife Day. [To read more, click](#)



**22 Mar** - World Water Day. [To read more, click](#)



**08 Mar** - International Women’s Day. [To read more, click](#)



**24 Mar** - World TB Day. [To read more, click](#)

# APRIL

“ONE WORLD, ONE HEALTH ”

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



**06 Apr** - International Day of Sport and Development and Peace.

[To read more, click](#)



**07 Apr** - World Health Day. [To read more, click](#)



**22 Apr** - World Earth Day. [To read more, click](#)



**24 Apr** - International Girls in ICT Day.

[To read more, click](#)

## “ HONORING THE HANDS THAT BUILD THE NATION”

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



**01 May** - Labour Day. [To read more, click](#)



**03 May** - World Press Freedom Day. [To read more, click](#)



**31 May** - No Tobacco Day. [To read more, click](#)

# JUNE

“RESTORE NATURE, SECURE FUTURE ”

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



**05 June** - World Environment Day. [To read more, click](#)



**08 June** - World Ocean Day. [To read more, click](#)



**12 June** - World Day Against Child Labour. [To read more, click](#)



**14 June** - World Blood Donation Day. [To read more, click](#)



**20 June** - World Refugee Day. [To read more, click](#)



**26 June** - International Day Against Drug Abuse & Illicit Trafficking Day. [To read more, click](#)

# JULY

“ FREEDOM, JUSTICE, SERVICE”

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



**15 July** - World Youth Skills Day. [To read more, click](#)



**18 July** - Nelson Mandela International Day. [To read more, click](#)

# AUGUST

“STANDING TOGETHER, SAVING LIVES”

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



**12 Aug** - International Youth Day. [To read more, click](#)



**20 Aug** - Akshay Urja Day . [To read more, click](#)



**19 Aug** - World Humanitarian Day. [To read more, click](#)



**20 Aug** - Senior Citizen’s Day. [To read more, click](#)

# SEPTEMBER

“EVERY BITE COUNTS”

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



**07 Sep** - International Day for Police Cooperation. [To read more, click](#)



**29 Sep** - International Day of Awareness of Food Loss and Waste. [To read more, click](#)



**25 Sep** - 10<sup>th</sup> Anniversary of the SDGs. [To read more, click](#)

## “FROM POVERTY TO POSSIBILITY”

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



**07 Oct** - World Day for Decent Work. [To read more, click](#)



**10 Oct** - World Mental Health Day. [To read more, click](#)



**11 Oct** - International Girl Child Day. [To read more, click](#)



**16 Oct** - World Food Day.  
[To read more, click](#)



**17 Oct** - International Day for the Eradication of Poverty. [To read more, click](#)



**29 Oct** - International Day of Care and Support  
[To read more, click](#)



**31 Oct** - World Cities Day. [To read more, click](#)

# NOVEMBER

“FOR EVERY CHILD, EVERY RIGHT”

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



**09 Nov** - Legal Literacy Day. [To read more, click](#)



**14 Nov** - World Diabetes Day. [To read more, click](#)



**19 Nov** - World Toilet Day. [To read more, click](#)



**20 Nov** - World Children’s Day. [To read more, click](#)



**25 Nov** - International day for Elimination of Violence against Women. [To read more, click](#)

# DECEMBER

## “LEAVING HOME , FINDING HOPE”

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



**01 Dec** - World AIDS Day. [To read more, click](#)



**14 Dec** - National Energy Conservation Day. [To read more, click](#)



**18 Dec** - International Migrant’s Day. [To read more, click](#)



**International day of Education** is observed on [January 24](#) every year. It was proclaimed by the United Nations General Assembly in 2018 to highlight the importance of education in promoting peace and sustainable development. The day serves as a reminder that inclusive and equitable quality education is a fundamental human right and a crucial part of building a better future. It emphasizes the need to make education accessible to all, especially in underprivileged and conflict-affected areas. Each year, the day is marked with a specific theme to address key global education challenges. This day encourages governments, educators, and individuals to invest in learning, promote innovation, and ensure that no one is left behind.



**The International Day of Clean Energy** is observed every year on [January 26](#) to promote the importance of transitioning to clean, sustainable, and renewable sources of energy. This day highlights the need to reduce our dependence on fossil fuels and to address climate change, environmental pollution, and energy poverty. It serves as a global reminder of the role clean energy plays in achieving the United Nations Sustainable Development Goals (SDGs), particularly Goal 7 – Affordable and Clean Energy. Governments, organizations, and individuals use this occasion to raise awareness, share innovations, and encourage investments in clean technologies such as solar, wind, hydro, and geothermal energy. By promoting clean energy, the world moves closer to a healthier planet and a more sustainable future for all.



The [ECOSOC Partnership Forum](#) is an annual event organized by the United Nations Economic and Social Council (ECOSOC). It serves as a global platform to foster collaboration among governments, the private sector, civil society, academia, and international organizations to support the implementation of the 2030 Agenda for Sustainable Development and the Sustainable Development Goals (SDGs). Held at the beginning of the ECOSOC cycle, the Forum focuses on sharing innovative solutions, best practices, and experiences that promote effective partnerships. It also plays a critical role in identifying emerging trends and opportunities for multi-stakeholder collaboration to accelerate sustainable development globally.

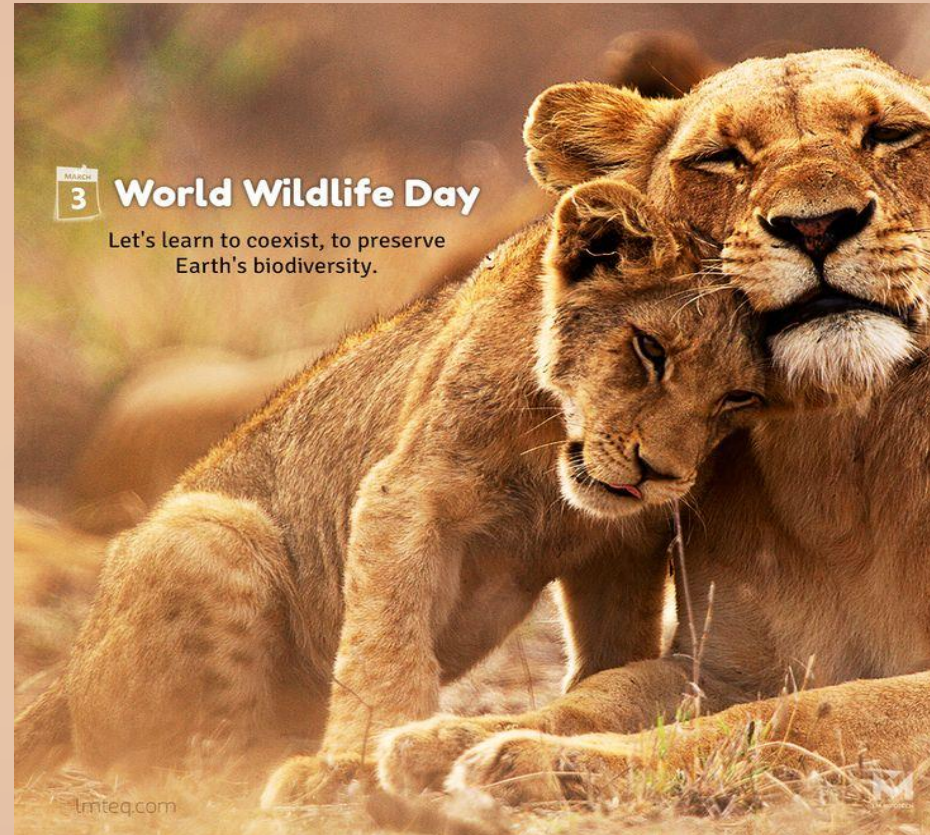
The Forum encourages inclusive dialogue and aims to strengthen accountability, transparency, and impact in partnerships that advance economic, social, and environmental progress.



**The International Day of Women and Girls in Science** is observed annually on [February 11](#), as declared by the United Nations. The day aims to promote full and equal access to and participation in science for women and girls around the world. It highlights the critical role women play in science, technology, engineering, and mathematics (STEM) and advocates for gender equality in education, research, and professional opportunities. Celebrating this day helps break stereotypes, encourage future generations, and support inclusive, diverse scientific communities essential for sustainable development.



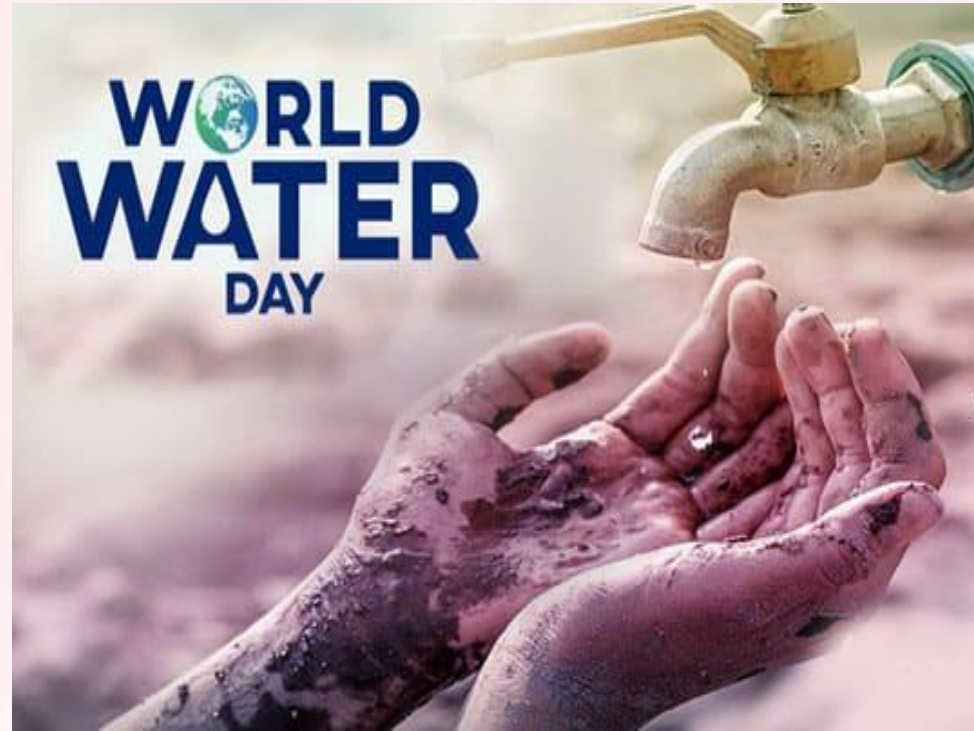
**World Day of Social Justice** is observed every year on [February 20](#). It was established by the United Nations in 2007 to promote efforts to tackle issues such as poverty, exclusion, gender inequality, unemployment, and human rights. The day emphasizes the need to build fair and inclusive societies based on equality, equity, and respect for all people. Each year, it focuses on a specific theme, encouraging global dialogue and action to achieve social justice and sustainable development for everyone.



**World Wildlife Day** is celebrated every year on [March 3rd](#) to raise awareness about the world's wild animals and plants. It marks the anniversary of the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES), signed in 1973. The day highlights the importance of protecting biodiversity, conserving endangered species, and promoting sustainable use of natural resources. Each year, World Wildlife Day has a specific theme focusing on key conservation issues, such as habitat loss, climate change, or illegal wildlife trade. It serves as a global call to action for governments, organizations, and individuals to support wildlife conservation and ensure that nature continues to thrive for future generations.



**International Women's Day** is celebrated on [March 8th](#) every year to honor the social, economic, cultural, and political achievements of women worldwide. It also serves as a call to action for gender equality and women's rights. The day originated from early 20th-century labor movements and is now recognized globally, with events and campaigns focusing on issues like equal pay, education, leadership opportunities, and protection against gender-based violence. Each year has a specific theme that highlights ongoing challenges and progress in achieving equality for women and girls everywhere.



**World Water Day** is observed every year on [March 22](#) to highlight the importance of freshwater and advocate for the sustainable management of water resources. Established by the United Nations in 1993, the day raises awareness about the global water crisis and supports efforts to achieve Sustainable Development Goal 6: clean water and sanitation for all by 2030. Each year, World Water Day focuses on a specific theme, encouraging individuals and communities to take action to protect water sources and ensure access to safe water for future generations.



**World TB Day** is observed every year on [March 24th](#) to raise awareness about tuberculosis (TB) and the efforts to eliminate it. The date marks the day in 1882 when Dr. Robert Koch announced the discovery of the bacterium that causes TB, a breakthrough in diagnosing and treating the disease. Despite being preventable and curable, TB remains one of the world's deadliest infectious diseases. World TB Day calls on governments, health organizations, and individuals to take stronger action to end TB and ensure access to care for all. The day emphasizes the urgent need for innovation, investment, and commitment to save lives.



**International Day of Sport for Development and Peace** is observed every year on [April 6th](#). This day highlights the power of sport to promote social change, peace, and development. It recognizes how sport can break down barriers, encourage teamwork and inclusion, and promote values like fairness, respect, and equality. Established by the United Nations, the day encourages governments, organizations, and individuals to use sport as a tool to achieve positive social outcomes and contribute to the Sustainable Development Goals (SDGs).



**World Health Day** is celebrated every year on [April 7th](#) to mark the founding of the World Health Organization (WHO) in 1948. The day aims to raise awareness about global health issues and promote actions that improve health and well-being for all. Each year, World Health Day focuses on a specific health theme, such as mental health, universal health coverage, or climate and health. It serves as a reminder of the importance of accessible, quality healthcare and encourages governments and communities to work towards healthier societies.



**World Earth Day** is celebrated every year on [April 22nd](#) to raise awareness about environmental issues and promote actions to protect our planet. First observed in 1970, it has grown into a global movement involving over 190 countries. The day encourages individuals, communities, and governments to take part in activities like tree planting, clean-up drives, and reducing pollution. Earth Day reminds us that a healthy planet is essential for all life and urges us to act responsibly to combat climate change and preserve natural resources for future generations.



[International Girls in ICT Day](#) is observed every year on the **fourth Thursday of April** to encourage girls and young women to pursue careers in Information and Communication Technology (ICT). Established by the **International Telecommunication Union (ITU)**, the day aims to bridge the gender digital divide and highlight the importance of equal access to technology and digital education. It promotes awareness of opportunities in the tech sector and inspires girls to develop skills in coding, robotics, cybersecurity, and other ICT fields, helping build a more inclusive and innovative digital future.



**Labour Day**, also known as **International Workers' Day**, is celebrated on [May 1st](#) in many countries around the world. It honors the contributions and achievements of workers and the labor movement. The day originated from the struggle for fair working conditions, especially the fight for the eight-hour workday. Labour Day serves as a reminder of the rights workers have gained and the importance of continuing to promote justice, dignity, and safety in the workplace. It is often marked by parades, speeches, and community events recognizing the role of workers in building society.



**World Press Freedom Day** is observed every year on [May 3rd](#) to highlight the importance of a free, independent, and pluralistic press in promoting democracy and human rights. Established by the United Nations in 1993, the day serves as a reminder that freedom of expression is a fundamental right. It also honors journalists who have lost their lives or faced threats for reporting the truth. Each year, the day focuses on specific challenges to press freedom, such as misinformation, censorship, or attacks on media workers, and calls for stronger protections for journalists worldwide.



**World No Tobacco Day** is observed every year on [May 31](#). It was created by the World Health Organization (WHO) in 1987 to raise awareness about the harmful effects of tobacco use and to encourage people to quit smoking and using tobacco products. The day highlights the health risks associated with tobacco, including cancer, heart disease, and respiratory problems, and also draws attention to the environmental damage caused by tobacco production. Each year, the day focuses on a specific theme, urging governments and individuals to take strong action against tobacco consumption and promote a healthier, tobacco-free world.



**World Environment Day** is celebrated every year on [June 5th](#) to raise global awareness about environmental issues and encourage action to protect the planet. Established by the United Nations in 1972, it is one of the most important days for promoting environmental awareness worldwide. Each year, a different country hosts the event and a specific theme is chosen—such as climate change, biodiversity, or plastic pollution. The day urges individuals, communities, and governments to take meaningful steps toward a cleaner, greener, and more sustainable future.



**World Ocean Day** is celebrated every year on [June 8th](#) to raise awareness about the vital role oceans play in sustaining life on Earth. It highlights the importance of protecting marine ecosystems, combating ocean pollution, and promoting sustainable use of ocean resources. Established by the United Nations, the day encourages global action to preserve the health of our oceans, which are essential for regulating climate, providing food, and supporting biodiversity. Each year focuses on a specific theme to inspire conservation efforts and responsible behavior toward ocean stewardship.



**World Day Against Child Labour** is observed every year on [June 12th](#). It was launched by the International Labour Organization (ILO) in 2002 to raise awareness and promote action to eliminate child labour around the world. The day highlights the plight of millions of children who are forced to work, often in dangerous and exploitative conditions, instead of going to school and enjoying a normal childhood. Each year, a specific theme focuses on different aspects of child labour, such as education, safety, or child rights. The goal is to unite governments, organizations, communities, and individuals in efforts to end child labour and ensure all children have the opportunity to learn and grow in a safe environment. Ending child labour is key to achieving social justice and sustainable development.



**World Blood Donor Day** is observed every year on [June 14th](#). It was established by the World Health Organization (WHO) to raise awareness about the importance of voluntary blood donation and to thank blood donors for their life-saving contributions. The day also aims to highlight the need for regular, safe blood donations to ensure that all patients have access to blood when needed — especially during emergencies, surgeries, or for people with chronic illnesses. Each year, the day is celebrated with a theme that promotes awareness and encourages more people, especially young and healthy individuals, to become regular blood donors. Donating blood is a simple act of kindness that can save lives.



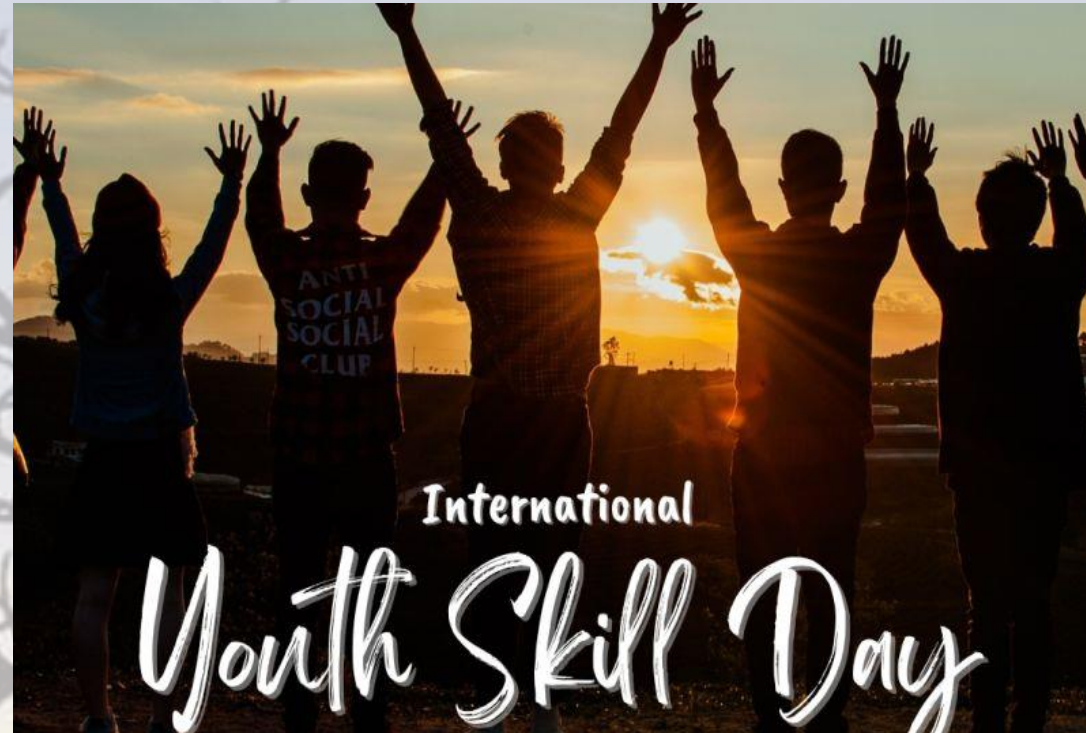
**World Refugee Day** is observed every year on [June 20](#) to honor the strength, courage, and resilience of millions of refugees worldwide who are forced to flee their homes due to conflict, persecution, or natural disasters. Established by the United Nations in 2001, this day raises awareness about their struggles and highlights the need for global support and protection. It also celebrates the contributions refugees make to their host communities and emphasizes the importance of inclusion, compassion, and solidarity.



The **International Day Against Drug Abuse and Illicit Trafficking** is observed every year on [June 26th](#). It was established by the **United Nations** in **1987** to strengthen global efforts in combating drug abuse and illegal drug trade.

The day aims to raise awareness about the harmful effects of drug use on individuals, families, and society, and to promote a drug-free world. Each year, a specific theme focuses on issues such as prevention, treatment, and support for those affected by drug addiction.

It encourages governments, organizations, and communities to take action through education, health care, and law enforcement to reduce drug abuse and its consequences. The day serves as a reminder of the importance of a healthy, safe, and drug-free lifestyle.



**World Youth Skills Day** is celebrated every year on [July 15th](#). It was declared by the **United Nations** in **2014** to highlight the importance of equipping young people with skills for employment, decent work, and entrepreneurship.

The day focuses on the need to provide quality education, vocational training, and lifelong learning opportunities for youth. It also raises awareness about the challenges young people face in the job market and promotes initiatives that support their skill development.

World Youth Skills Day encourages governments, organizations, and communities to invest in youth skills as a way to reduce unemployment and drive sustainable development.



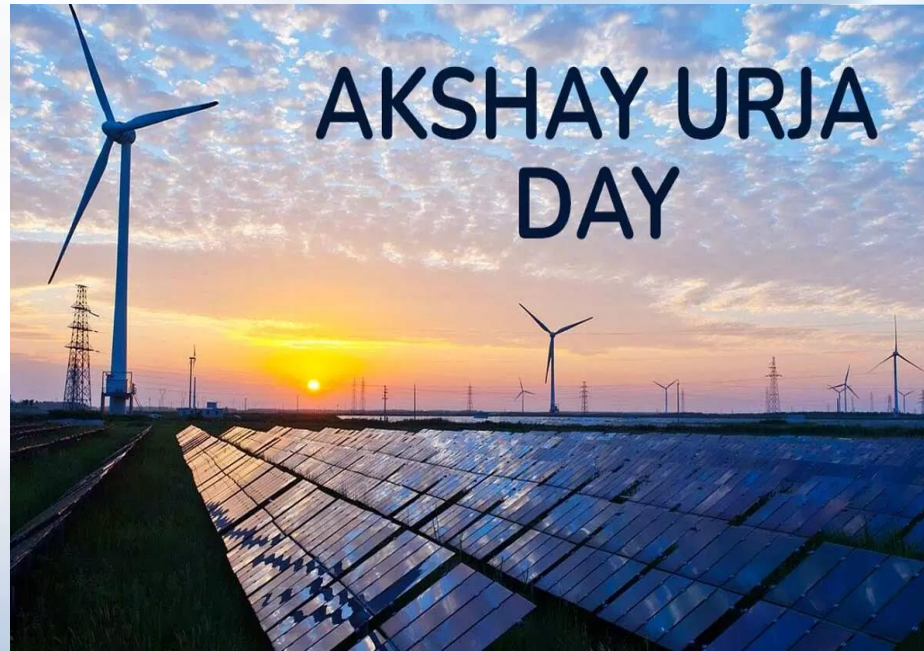
**Nelson Mandela International Day** is observed every year on [July 18](#), the birthday of Nelson Mandela, to honor his legacy and promote his values of peace, freedom, and social justice. The United Nations officially declared this day in 2009, recognizing Mandela's 67 years of public service. The day encourages individuals to dedicate 67 minutes of their time to helping others — one minute for each year Mandela spent fighting for equality and human rights. Activities often include volunteering, community service, and acts of kindness to promote positive change in society.



**International Youth Day** is celebrated every year on [August 12](#) to recognize the efforts and potential of young people around the world. It was designated by the **United Nations in 1999** to raise awareness about the challenges faced by youth and to promote their active participation in social, economic, and political life. Each year, the day focuses on a specific theme that highlights a key issue affecting youth, such as education, employment, mental health, or climate change. Events, campaigns, and discussions are held globally to engage young people and encourage positive action. International Youth Day is a reminder of the importance of investing in youth as the leaders of tomorrow and involving them in shaping a better future for all.



**World Humanitarian Day** is observed every year on [August 19](#) to honor humanitarian workers and recognize their efforts in helping people affected by crises such as conflicts, natural disasters, and pandemics. The day also commemorates the lives lost by aid workers in the line of duty. This date marks the anniversary of the 2003 bombing of the United Nations headquarters in Baghdad, Iraq, which killed 22 people, including UN diplomat **Sergio Vieira de Mello**. Each year, World Humanitarian Day focuses on a specific theme to raise awareness about global humanitarian needs and promote action to support vulnerable communities. It is a day to show solidarity and appreciation for those who risk their lives to bring hope and relief to others.



**Akshay Urja Day**, also known as **Rajiv Gandhi Akshay Urja Diwas**, is observed annually on [August 20](#) in India to promote awareness about renewable energy sources. Established in 2004 by the Ministry of New and Renewable Energy, the day coincides with the birth anniversary of former Prime Minister Rajiv Gandhi .

The primary objective of Akshay Urja Day is to encourage the adoption of renewable energy sources such as solar, wind, hydro, and biogas, thereby reducing dependence on fossil fuels and mitigating environmental degradation. The day serves as a platform to educate the public about the benefits of clean energy and the importance of sustainable development.



**Senior Citizens Day** is observed on [August 20th](#) each year to honor and appreciate the contributions of older adults to society. It serves as a reminder to value the wisdom, experience, and hard work of senior citizens. The day also raises awareness about issues affecting the elderly, including health care, loneliness, and elder abuse. Celebrating this day encourages people to show respect, spend time with older adults, and support their well-being and dignity.



**International Day of Police Cooperation** is observed every year on [September 7](#). It was established by **INTERPOL** to recognize the importance of international collaboration among police forces in combating transnational crime and ensuring global security.

This day highlights the role of **international police cooperation** in addressing challenges such as terrorism, cybercrime, drug trafficking, and human trafficking. It serves as a reminder of the need for **shared intelligence, resources, and coordination** across borders to tackle crime effectively.

The observance also honors the dedication and efforts of law enforcement officers worldwide who work together to keep communities safe.



The [10th Anniversary of the Sustainable Development Goals \(SDGs\)](#) marks a decade since the global adoption of the **2030 Agenda for Sustainable Development** by all United Nations member states in **2015**. This milestone, observed in **2025**, reflects on the progress made and the challenges that remain in achieving the **17 SDGs**, which aim to end poverty, protect the planet, and ensure peace and prosperity for all.

The anniversary is a time to renew global commitment, accelerate action, and strengthen partnerships across governments, communities, and organizations. It serves as a reminder that with only five years left until 2030, urgent and united efforts are needed to deliver on the promise of a sustainable and inclusive future for everyone.



**The International Day of Awareness of Food Loss and Waste** is observed on [September 29](#) every year. It was established by the United Nations to highlight the importance of reducing food loss and waste as a key step toward achieving global food security and environmental sustainability. Globally, a large amount of food is lost during production, transportation, and storage, while much is also wasted at the consumer level. This not only leads to hunger and malnutrition but also contributes to climate change and resource depletion. The day encourages governments, businesses, and individuals to take action in minimizing food loss and waste, promoting better food management, and supporting sustainable food systems for a healthier planet.



**World Day for Decent Work** is observed every year on [October 7](#). It was launched by the International Trade Union Confederation (ITUC) in 2008 to promote the right of all workers to fair wages, safe working conditions, social protection, and respect at the workplace. The day highlights the global demand for decent and dignified employment opportunities, especially in the face of growing inequality, unemployment, and poor labor standards. It calls on governments, employers, and institutions to ensure workers' rights, gender equality, and social justice. It is a key moment for trade unions and workers around the world to unite in advocating for fair and inclusive labor policies.



**World Mental Health Day** is observed every year on [October 10](#) to raise awareness about mental health issues around the world and mobilize efforts to support mental well-being. It highlights the importance of mental health, encourages open conversations to reduce stigma, and promotes access to care and support for everyone. The day reminds us that mental health is just as important as physical health and that together, we can build a more understanding and compassionate society.



**International Girl Child Day** is observed every year on [October 11th](#) to raise awareness about the challenges girls face worldwide and promote their rights and empowerment. It focuses on issues like education, healthcare, gender equality, and protection from discrimination and violence. The day encourages governments, communities, and individuals to support girls' opportunities and ensure they have a safe, equal, and bright future.





The **International Day for the Eradication of Poverty** is observed every year on [October 17](#) to raise awareness about the struggles of people living in poverty and to promote efforts to eliminate it worldwide. The day was officially recognized by the **United Nations in 1992**.

It highlights the importance of respecting the dignity of the poor, ensuring their active participation in decision-making, and addressing the root causes of poverty such as inequality, lack of education, and unemployment.

This day serves as a reminder that ending poverty is a shared global responsibility and a key goal of the **Sustainable Development Goals (SDGs)**, especially **Goal 1: No Poverty**.



**International Day of Care and Support** is observed on [October 29th](#) to recognize and appreciate the vital role of caregivers who provide care and support to people living with illnesses, disabilities, or age-related challenges. The day raises awareness about the physical, emotional, and financial challenges faced by caregivers and calls for better support systems, resources, and policies to help them in their important work. It emphasizes the need for society to value and assist caregivers in sustaining their well-being.



**World Cities Day** is celebrated every year on [October 31](#) to promote sustainable urban development and raise awareness about the challenges and opportunities of urbanization. It was established by the **United Nations** in **2014** as part of the global campaign **Urban October** led by UN-Habitat. Each year, the day focuses on a specific theme to highlight important issues such as housing, climate resilience, public transport, and inclusive communities. The goal is to encourage cooperation among countries, cities, and communities to create better living conditions in urban areas. World Cities Day emphasizes the need to build **inclusive, safe, resilient, and sustainable cities**, in line with **Sustainable Development Goal 11**.



**Legal Literacy Day** is observed in India on [November 9th](#) each year. The day aims to promote awareness about legal rights and duties among citizens, especially in rural and underserved communities. It encourages individuals to understand their legal entitlements and responsibilities, fostering a more informed and just society. Various government and non-government organizations conduct workshops, seminars, and outreach programs to educate people about topics such as consumer rights, women's rights, and access to justice.



**World Diabetes Day** is observed every year on [November 14th](#) to raise awareness about diabetes, its prevention, and management. It was established in 1991 by the International Diabetes Federation (IDF) and the World Health Organization (WHO) in response to the growing global health threat posed by diabetes. The date marks the birthday of Sir Frederick Banting, who co-discovered insulin in 1922, a vital treatment for diabetes. The day aims to educate people about the risks, symptoms, and complications of diabetes and encourages healthier lifestyles to reduce its impact worldwide. Each year, World Diabetes Day focuses on a specific theme to highlight key issues related to diabetes care and prevention



**World Toilet Day** is observed every year on [November 19](#) to raise awareness about the global sanitation crisis and the importance of safe toilets for all. It was officially recognized by the United Nations in 2013 and aims to promote access to clean and safe sanitation, especially in underdeveloped and developing countries. The day highlights the impact of poor sanitation on health, dignity, and the environment. Millions of people worldwide still lack proper toilet facilities, which contributes to diseases and poor quality of life. Each year, World Toilet Day focuses on a specific theme related to sanitation and sustainable development. The observance is a call to action to ensure everyone has access to toilets by 2030, in line with the UN Sustainable Development Goal 6: Clean Water and Sanitation.



**World Children's Day** is celebrated every year on [November 20](#) to promote international togetherness, awareness among children worldwide, and improve children's welfare. It was first established in **1954** by the United Nations. The date also marks the adoption of the **Declaration of the Rights of the Child (1959)** and the **Convention on the Rights of the Child (1989)**.

This day reminds us of the importance of protecting children's rights, providing them with education, healthcare, and a safe environment to grow and thrive. It is a day for governments, organizations, and individuals to advocate for a better future for every child.

**Theme-based celebrations** and activities are often held in schools and communities to empower children and give them a voice in shaping their own future.



**The International Day for the Elimination of Violence Against Women** is observed annually on [November 25](#). It aims to raise awareness about the widespread issue of violence against women and girls worldwide. This day highlights the urgent need to prevent and eliminate all forms of violence, including domestic abuse, sexual harassment, trafficking, and harmful cultural practices. It also calls for stronger laws, support systems, and education to protect women's rights and promote gender equality. The day was officially designated by the United Nations in 1999, honoring the sisters Mirabal, who were activists murdered in the Dominican Republic in 1960 for opposing dictatorship. It serves as a reminder to society to take action against violence and empower women globally.



**World AIDS Day** is observed every year on [December 1st](#). It was first established in 1988 to raise awareness about HIV/AIDS, honor those who have died from the disease, and support people living with HIV. The day promotes education, prevention, and the importance of testing and treatment. It also encourages global efforts to end the AIDS epidemic and reduce stigma and discrimination against affected individuals. Each year, World AIDS Day has a specific theme to focus attention on different aspects of the fight against HIV/AIDS.



**National Energy Conservation Day** is observed every year on [December 14](#) in India. It is organized by the Bureau of Energy Efficiency (BEE) under the Ministry of Power. The day aims to raise awareness about the importance of conserving energy and using it efficiently. It highlights the need to reduce energy consumption, promote sustainable development, and protect the environment. Various programs, seminars, and competitions are held across the country to encourage individuals and industries to adopt energy-saving practices. Energy conservation not only helps in saving resources but also reduces carbon emissions, contributing to a healthier planet.



**International Migrants Day** is observed every year on [December 18](#) to recognize the contributions of migrants around the world and to raise awareness about the challenges they face. The day marks the anniversary of the adoption of the International Convention on the Protection of the Rights of All Migrant Workers and Members of Their Families in 1990. Migrants move across borders for various reasons, including work, education, safety, and better living conditions. This day highlights the importance of respecting their rights, ensuring their dignity, and promoting safe and legal migration. It is a time to reflect on the positive impact migrants have on societies and economies, while also calling for stronger efforts to combat discrimination and exploitation.