



## ABOUT US :

ICFAI Education School (IEdS) is a constituent of “The ICFAI University”, Dehradun which was established in 2006 to promote quality education, research, training, and consultation in teaching & training. Approved by National Council for Teacher Education (NCTE), ICFAI Education School produces well-trained, dedicated, and competent teachers. The B.Ed. Program of The ICFAI Education School, The ICFAI University, Dehradun has been approved by the National Council for Teacher Education vide letter no.

EDITION - JULY TO DECEMBER 2021



## VISION :

To train and prepare good, efficient teachers who can draw out the best in the child’s development in all aspects of mind, body and spirit.

## VISSION :

We endeavor to prepare quality pupil teachers who can mould the life of prospective citizens of the country in bringing about their holistic development by arousing the curiosity, developing their minds and helping in their character formation along with awakening the light of knowledge in them.

# CONTENT :



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CORNER

FRIDAY  
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WORLD OF  
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STUDENT  
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ARTICLES  
AND BLOGS

IEdS FACULTY

FACULTY  
ACHIEVEMENTS

# STUDENT CORNER

## STUDENTS ARE THE BEST LEARNERS

Teaching can be one of the most challenging, demanding, and stressful professions. Navigating it requires support. Research shows that SEL interventions can provide this support by building the necessary competencies that teachers need in challenging times.

Sakshi Tikku, successfully completed the SEL for Teachers course which offers a wide variety of tools that teachers can use to navigate complex emotions, nurture awareness, and exhibit prosocial behaviour both for themselves and their students. It is a course for in-service and pre-service school teachers, educators, curriculum developers, instructional designers, academicians, and others interested in understanding and building their social and emotional

Saakshi Tikku is pursuing her Bachelor of Education from IEdS and has been enthusiastic towards her aspirations in the Teaching field. Saakshi worked at Thakkar Bapanagar English School , Ahmedabad as a part time Volunteer and assisted the Fellow to teach the TFI Bridge curriculum as well as design holistic education activities. The education crisis is a fundamental problem and your contribution has been a part of the solution. She has been associated with Teach For India, a valuable platform to enhance her skill and to continue to be a part of providing solution as a leader of change for the development of society.

Ms. Sakshi Tikku  
Batch 2020-22



United Nations  
Educational, Scientific and  
Cultural Organization



Mahatma Gandhi Institute  
of Education for Peace  
and Sustainable Development



## दिल की कलम से - माज़ी \*

### दिल की कलम से - माज़ी

वक़्त मिले तो गुज़रे पलों की मंडी में घूम आना...  
सपनों के सिक्के हों गर पास...  
तो कुछ पल खरीद लाना ...  
अरसा बीत गया माज़ी से मिले हुए...  
वो गलियों जहाँ...  
घुटनों से पैरों पर खड़े हुए...

बहुत याद आता है वो गुज़रा ज़माना...

एक अहसान मेरे यार...  
मुझ पर कर दो...  
गुज़रे पलों की मंडी से...  
सपनों के सिक्के दे...  
मेरे कुछ पल ला दो...

वो टूटी खाट...  
अम्मा की डांट...  
नुक्कड़ पे ठेले की चाट...  
कभी खड़ी चम्मच की चाय...  
कभी मुँह में पान दबाए...  
वो कपड़ों की मुग़री का बल्ला...  
क्या सुबह, क्या शाम...  
मोहल्ले में बस दिन भर हल्ला...

आज टाई लगाए, बैग उठाए...  
दफ़्तर भागता हूँ...  
एक प्याली चाय पीने को भी बस हॉफ़ता हूँ...

अब तो यारों से नज़रें चुराता हूँ...  
कहीं नुक्कड़ पर बुला न लें...  
वक़्त कहाँ है ?  
सोच...  
घबराता हूँ...

क्या करूँगा इस दौलत...  
इस मुस्तक़बिल \*\* का ?  
साथ न हो जब...  
मेरे किसी यार का...

एक अहसान मेरे यार...

मुझ पर कर दो...  
गुज़रे पलों की मंडी से...  
सपनों के सिक्के दे...  
मेरे कुछ पल ला दो...  
मेरे कुछ पल ला दो...

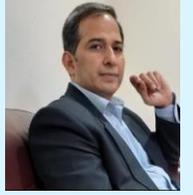
- प्रवीण द्विवेदी

\* माज़ी (Past)

\*\* मुस्तक़बिल (Future)

Dr.Praveen Diwedi

Batch 2020-22



## DELUSION

Shaped into frames but it was a delusion.

It was a breaking glass of that room's  
window,

It was useless, a hypnagogic craving.

Fix new pieces, no smash it into places,  
to fill those cavity.

Unrealistic it is, but not a waste.

All it does to you is  
digs into deeper and deeper  
further till the end

and passes through whatever you held.

Nidhi Sharma is currently pursuing her Masters in English and Bachelor of Education from IEdS. She has formerly worked as the author research manager with a literary community. She is currently working as a content writer. She writes blogs and is passionate about books. She builds her world of imagination through the stories.

Her strong belief in a Latin phrase "Amor Fati" which means "love of fate" has helped her in her aspirations of life.

Ms.Nidhi Sharma

Batch 2021-23



# Bodacious Fashion Through Knitting

Knitting is a method of overlapping and intertwining yarn or wool to create a piece of textile or fabric. I pursued knitting two years back as a therapy. My anxiety was at an all-time high in the pandemic. The rhythmic patterns and yarn colours gliding through my fingers to create a piece of clothing gave me equanimity. The yarn in knitted fabrics follows a meandering pattern of loops on two or more knitting needles to create a two-dimensional web. What started as a therapeutic diversion turned into a leisure pursuit as I picked up speed and uploaded my work on social media. I had orders flowing in from my social pack. I retailed my hand-knitted mufflers in and outside Dehradun.

Knitting's origin lies in the basic human need for clothing for protection. I found fashion through knitting as a bodacious way of expressing myself. In the words of Ralph Lauren, "Fashion is about something that comes from within you". This creativity of producing merchandise and mixing different wools and colours embodied as one came from my active creative side. I noticed this artistic skill as an excellent possibility to refresh and excite my wardrobe. It also keeps me warm in extreme Dehradun winters. I am filled with gratification and productivity when I adorn my handmade products. I continually embark on inspirations from nature and my surroundings for colours and patterns.

When am I most delighted? When I spontaneously tell people "I made it" on receiving a compliment for my high in demand handmade infinity mufflers. As this millennial technique of producing cloth, which is knitting, is incessantly disappearing with its millennial people, knitting becomes a highly engaging topic of discussion when I meet new people. This technique of producing fabric from yarn or wool dates to the 11th century in Egypt, and the oldest artefact found was a pair of socks. However, archaeologists' records suggest knitting is older than the oldest artefacts found in Egypt.

I have adorned myself as one of the active promoters of this antiquated and highly skilled technique. What many people associate knitting with old and dull. I see it as a striking proclamation of fashion towards livelihood, tradition, and as an expression of love. Fashion is not merely clothes for me. It reflects who you are from inside. I wish to encourage generations before and after me to appreciate handcrafted products and the people creating them. Knitting helped me control my anxiety and anxiousness as one must learn to live with the pandemic. I am furthermore an enthusiastic supporter and promoter of "small businesses" and "Make in India" projects though knitting.



Ms.Akanksha Chowfin

Batch 2021-23

DISHA is an initiative by the IEdS for the social service. Students are motivated to spread awareness about menstruation and menstrual health and helping the under privileged women and girls. Keeping in mind approaching winter as well, the students are involved in collecting old and unused cloths for the needy.

A team led by Ms.Saloni Narula and Ms.Manya Abrol under the guidance of Dr.Meena Bhandari and faculty of IEds is engaged in social service through this initiate.

**In the words of the Students:** As decided by IEdS, everyone will be expected to drop the woolen clothes ( not rugged and torn) and the a box for sanitary napkins, the one who is willing to contribute in monetary terms can drop the money in the currency box and we shall buy the sanitary napkins for the same amount.

Requesting the Faculty and Expecting students to participate in this activity enthusiastically.

DISHA

ICFAI UNIVERSITY DEHRADUN

IEdS ICFAI EDU SCHOOL

**DISHA**

**DONATION**  
**Sanitary Napkin**

Try it  
You'll improve someone's  
Menstrual Health.

Date: 07/12/2021 to 14/12/2021  
Time: 9 a.m to 6 p.m

**Drop the packet or drop the money**

ICFAI UNIVERSITY DEHRADUN

IEdS ICFAI EDU SCHOOL

**DISHA**

Help the  
needy!!  
Your clothes can warm many  
people this winter.

**DONATE PLEASE!**

Date: 07/12/21 to 14/12/2021  
Time : 9 a.m to 6p.m

Avoid torn but  
contribute  
worn

# STUDENT ACHIEVEMENTS

## Shiksha Ratna Award 2021

Mr. Pankaj Joshi (Batch 2020-22) was presented the "Shiksha Ratna Award 2021" for his contribution to the field of education and teacher training. The award function was organised by the Principals Progressive Schools' Association Uttarakhand and award was presented by Shri Ashok Ganguly former chairman of CBSE.



# THE NATURE'S ART...

I admire every particle of the Universe which is filled with beauty. The Nature is constantly changing which is sometimes constructive and sometimes destructive. These natural changes create curiosity in my mind which is expressed by my artworks. Being attached to nature by birth I always wonder about natural creations. Seed germinates into a sapling and finally in to a tree, completing its life cycle akin to human life. Despite the similarities and deep relations, humans are being torn away from joys of nature day by day. Nature and subjects related to it have always influenced me deeply.

Changing colours and shapes of leaves by effects of sunlight, random advancement of roots, and construction of buildings tell us that there is a form everywhere. Blooming of flowers in a group, proliferation of mushrooms in a bunch, germination of seeds almost simultaneously yet with peculiarities, and hanging of fruits in a bunch, all have entered my works. These random forms are made up of units in various geometrical forms. I am using shape of these geometrical forms in my works which interest me a lot.

Reality...

Nature as a subject is vast and it's extremely difficult to describe it appropriately in any medium i.e. in words or art forms. We are nothing but mere spectators in front of the great art of nature itself. We are just trying to imitate some of nature's arts and I am doing it by the medium of my work. I hope you will like my work.



Mr.Madan Singh

Batch 2021-23



## 'RESEARCH EMPOWERS US WITH KNOWLEDGE'

Research paper is a kind of academic writing or essay which provides analysis, new work, updated work, original contribution, argument based on in-depth study of the interested field. They are detailed assignments based on strong knowledge of your topic. Usually five or more research papers are compiled together to submit Thesis or Dissertation. Thesis or dissertation is a document submitted for an academic degree or professional qualification presenting the author's research and findings. It is used for part of Bachelor's or Master's course while dissertation is normally applied to a doctorate. This is an American English arrangement but in UK and Republic of Ireland, reverse is true. The term graduate thesis is used to refer both master's theses and doctoral dissertations.

Research is an invaluable tool for building on crucial knowledge, helps in understanding the complexities of various issues, enrich our lives with the latest knowledge of health, nutrition, technology, business and many innovations. Research also enhances society by advancing knowledge through the development of scientific theories, concepts and ideas.

I have written seven research papers till the date which are already published and one is in pipeline. My field of research is 'A study of special functions of Matrix arguments and their applications to Fractional Integral operators & Statistical distributions' in pure Mathematics. I am privileged to contribute the society with my new mathematical theories, results, formulae and valuable information and conclusions. The research changed my life as it's not only a matter of gaining more knowledge of the subject but also provides nourishment and exercise for the mind. It helps me to accept challenges and overcome them. It also makes my Curriculum Vitae (CV) or work profile strong. Moreover, I am fortunate to contribute something for the society although we all agree to the fact that...

*Everything begins with an Idea...*



Dr. Shanu Sharma

Batch 2021-23



# SOCIAL SERVICE CLUB

## SIKH HIGHER EDUCATIONAL FEDERATION



Ms.Saloni Narula, student of B.Ed (2021-23) with the students of her NGO- SIKH HIGHER EDUCATIONAL FEDERATION situated at karanpur had organised a visit to prem dham to old age home and to road side needy kids.. and distributed woollen socks and biscuits on 28th November, 2021



Ms.Saloni Narula

Batch 2021-23



# IMPORTANCE OF SUJOK THERAPY

The human body is a form of life which is a tiny and well harmonized Universe. The body has everything needed to maintain its life and to exist in nature as an integral and independent phenomenon.

Park Jae Woo is the Founder of Sujok therapy. He was eight years old when he drew similarities between a human body and palm. Therapy is highly effective, safe and simple method of treatment, which doesnot require any special medical training.

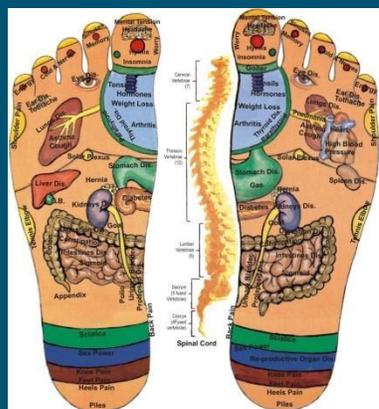
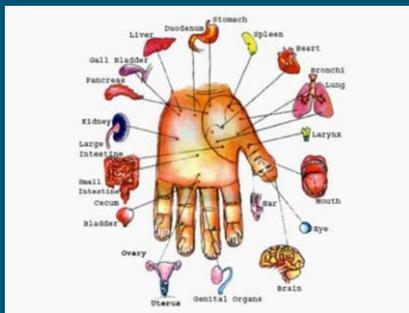
In Sujok, Su means **hand** and Jok means **foot**. Hence this method of treatment is correspondence of hand and feet which are remote control of a person's health.

Method of treatment- There are certain stimulating points on our hands and feet which are directly connected to our body organs. In Sujok, by applying pressure on these stimulating points a person can be treated. There are certain ways of treating a person which are :

- 1) Applying pressure to the points using fingers and stimulating the points.
- 2) Using probes and locating the pressure points for a particular disease.
- 3) Seed therapy is very effective method in Sujok. Certain seeds , pulses and legumes like chana(gram) dal, chickpea(chole), rajma(kidney beans, methi(fenugreek), matar(dried peas), moong dal, are tied with the help of surgical tapes on the points to give instant relief from pains.
- 4) Accupuncture – In this menthod needles are attached to the pressure points for instant relief. This is a very effective technique in Sujok.
- 5) Treatment using elastic ring – Massaging the elastic ring on your finger, toes and stimulating the points are effective way of preventing the treating diseases.

Hence we can say that Sujok is the safest and most effective treatment for any disease without side effects.

Thank you



Ms.Mansee Uniyal

Certified Sujok Therapist

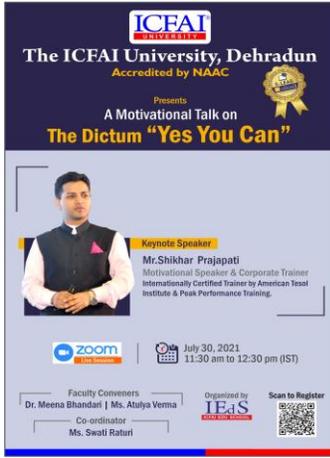
Batch 2021-23



# WORLD OF WEBINARS

## NATIONAL WEBINAR : "YES YOU CAN"

The ICFAI University, Education School, Dehradun, organized a Webinar on 30<sup>th</sup> July 2021. Mr. Shikhar Prajapati, Motivational Speaker & Corporate Trainer was the resource person of the day. He delivered an extensive lecture on the topic "Yes You Can". Mr. Prajapati emphasized that the key for the success is Positive Mind-set along with positive actions by Continuous Practice. He also presented some of the experiences followed by an enthusiastic interactive session with the audience. The Vice Chancellor, ICFAI University Prof (Dr). Muddu Vinay & The Registrar, ICFAI University, Brig Rajeev Sethi welcomed the resource person and appreciated the efforts of ICFAI Education School for organising the event. The event was attended by more than 70 participants. The Head of the Department Dr. Meena Bhandari and other faculty members of IEdS were also present for the event.



### राष्ट्रीय वेबिनार "हिंदी दिवस"

दिनांक: 14 सितंबर 2021  
जगह: देहरादून

आईसीएफएआई विश्वविद्यालय, शिक्षा विद्यालय, देहरादून ने 14 सितंबर 2021 को "हिंदी दिवस" के अवसर पर एक वेबिनार का आयोजन किया। डॉ विजेंद्र पाल शर्मा, श्री उत्पल बनर्जी और श्री रोहित कौशिक उस दिन के प्रसिद्ध कवि थे।

डॉ. शर्मा, श्री बनर्जी और श्री कौशिक ने "हिंदी दिवस" के महत्व पर जोर दिया और दिन के उत्सव की आवश्यकता पर प्रकाश डालते हुए कुछ कविताओं का पाठ भी किया। वेबिनार में आईसीएफएआई लॉ स्कूल के छात्रों ने भी कविता पाठ कर भाग लिया।

आईसीएफएआई विश्वविद्यालय के रजिस्ट्रार ब्रिगेडियर राजीव सेठी ने हिंदी दिवस के महत्व पर जोर दिया और संसाधन व्यक्तियों का स्वागत किया। उन्होंने कार्यक्रम के आयोजन के लिए आईसीएफएआई एजुकेशन स्कूल के प्रयासों की भी सराहना की। कार्यक्रम में 117 से अधिक प्रतिभागियों ने भाग लिया। कार्यक्रम में विभागाध्यक्ष डॉ. मीना भंडारी एवं आईईडीएस के अन्य संकाय सदस्य भी उपस्थित थे।

**ICFAI UNIVERSITY**  
The ICFAI University, Dehradun  
Accredited by NAAC

**हिंदी दिवस**  
पर आयोजित  
**कवि सम्मेलन**

**Dr. Vijendrapal Sharma**  
**Shri. Utpal Banerjee**  
**Shri. Rohit Kaushik**

**Convener**  
**Dr. Meena Bandari**  
Dean, IEdS, Dehradun  
**Prof. Atulya Verma**  
Assistant Professor, IEdS

**Students Coordinator**  
**Dr. Arvindanabha Shukla**  
Coordinator  
**Mr. Manoj Pandey**

**Scan to register**

**Organized by**  
**IEaS**  
ICFAI EDUCATION SCHOOL

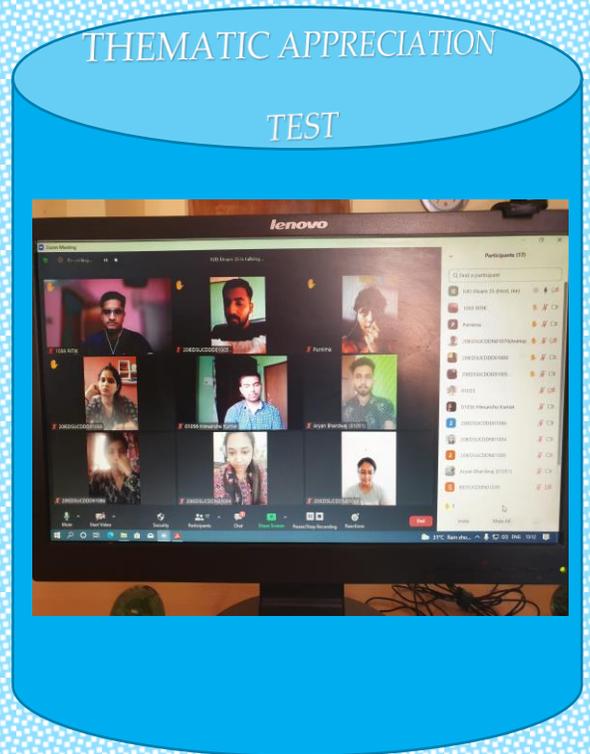
**Sept. 14, 2021**  
3.00 pm - 4.00 pm

# FRIDAY ACTIVITIES

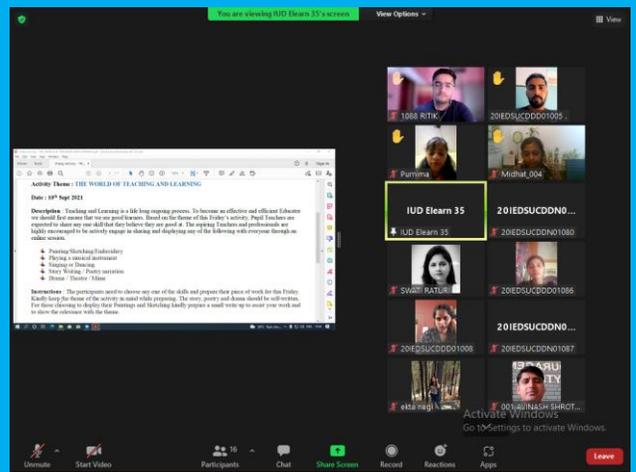
## ONLINE GROUP DISCUSSION



## THEMATIC APPRECIATION TEST



## THE WORLD OF TEACHING AND LEARNING



S.No.	Date	Speaker	Designation and Organization	Title
1.	21 <sup>st</sup> June, 2021	Guest Speaker <b>Yogrishi Vishvketu</b>	ICFAI Education School, The ICFAI University, Dehradun	Webinar on <b>“International Yoga Diwas”</b>
2.	30 <sup>th</sup> July, 2021	“ Keynote Speaker <b>Mr. Shikhar Prajapati</b>	ICFAI Education School, The ICFAI University, Dehradun	National Webinar on The Dictum <b>“ YES YOU CAN</b>
3.	14 <sup>th</sup> September, 2021	Guest Speaker <b>Dr. Vijendrapal Sharma</b> <b>Shri. Rohit Kaushik</b> <b>Shri. Utpal Banerjee</b>	ICFAI Education School, The ICFAI University, Dehradun	Kavi Sammelan on <b>Hindi Diwas</b>
4.	20 <sup>th</sup> – 22 <sup>nd</sup> October 2021	Chief Guest <b>Prof. Dr. Theol.lic, Peter G. Kirchsclager</b> (Lucerne University)	The ICFAI University, Dehradun in association with Global Youth Peace Accord organized AI and I	AI & I Global Summit on Ethics in AI 2021

The ICFAI University, Education School, Dehradun organised a webinar on 21<sup>st</sup> June 2021 for celebrating International Yoga Day. Yogrishi Vishvketu, Himalayan Yoga Master and Founder of Akhand Yoga was the resource person of the day. He delivered an extensive lecture on the topic ‘Building Immune System and Stress Management’ along with some yoga asanas.

Vishwa Ji emphasized that how yoga is helpful in improving our immune system and reducing stress for a healthy life followed by enthusiastic interactive session with the audience.







The ICFAI University, Dehradun  
Accredited by NAAC  
Presents  
A Motivational Talk on  
**“Being a Better Role Model to Our Children”**



**Keynote Speaker**  
**Mr Anil Sharma**  
Motivational Speaker & Performance Coach  
Trained from Innsbruck University , Austria and IACP

DATE	27 <sup>TH</sup> AUGUST 2021
DAY	FRIDAY
TIME	11.30 AM TO 12.30 PM

Faculty Conveners	Co-ordinator
Dr. Meena Bhandari Ms. Atulya Verma	Ms. Swati Raturi

Reg. Link:-

WEBINAR :  
BEING A BETTER ROLE  
MODEL TO OUR CHILDREN

# AI & I : GLOBAL SUMMIT ON ETHICS ON AI

20<sup>TH</sup> & 22<sup>ND</sup> OCTOBER 2021

IEdS in association with Global Youth Peace Accord organized AI and I: The Global Summit on Ethics in Artificial Intelligence. It was a two-day virtual event held on 20th and 22nd October 2021, organized by ICFAI Education School, Dehradun in which over more than 100 participants from universities, colleges and interns from 11 countries took part in.

Day 1 of the event was initiated by the anchors *Ms. Angel Ann Jacob* and *Ms. Saloni Narula* along with an introductory video through which the aim of the AI and I event was portrayed. Honorable Vice Chancellor- *Prof. Dr. Hargopal Reddy*, *Prof. Dr. Ayalur Vedpulswar* and Registrar- *Brig. Rajeev Sethi (Retd)* was invited by the Dean of Education School to address the event to commence the event. *Ms. Natasha Pallavi* the Founder of Global Youth Peace Accord (GYPA) and Faculty of Education School introduced GYPA and invited the Chief Guest Prof. Dr. theol. lic. phil. Peter G. Kirchschräger as a Keynote Speaker. Dr. Peter is a Prof of Theological Ethics, Director of the Institute of Social Ethics

Speakers from the field of Technology, Health, Law and Education were invited to share their views on inclusion of AI in their fields. *Dr. Sahid Cholayil* from IIT Madras, *Dr. Jayashree Todkar* from Mumbai, *Adv. P. V. Sheheen* from UAE and *Dr. Meena Bhandari* from Education School described the applications of AI, challenges faced and recent developments with a futuristic vision.

On Day 2 of the event, the participants from the various countries (India, Singapore, Maldives, Syria, Jordan, Egypt, USA, UAE, Kenya, Uganda, Switzerland), presented pressing issues that they believed required attention and then were engaged in a deep and informative group discussion regarding the same! The group discussion was fruitful, and participants were able to brainstorm on finding solutions and being mindful on the role ethics in AI. They were able to understand its important implications. Following the group discussion, a special presentation was conducted by *Mr. Saatvik Agarwal* from Indian High School Dubai on Virtual Reality, AI and Empathy. The closing ceremony was conducted by *Dr. Meena Bhandari* after she had given an overview summary of the day's event. She thanked each participant and encouraged them to be strong Leaders in their future.

**AI & I**  
GLOBAL SUMMIT ON ETHICS IN AI 2021

This event is to indulge our participants in the challenges posed by the inclusion of AI in all the fields and discuss to find practical solutions. Envision the futuristic challenges and anticipate the meaningful solutions. REGISTER NOW !!!

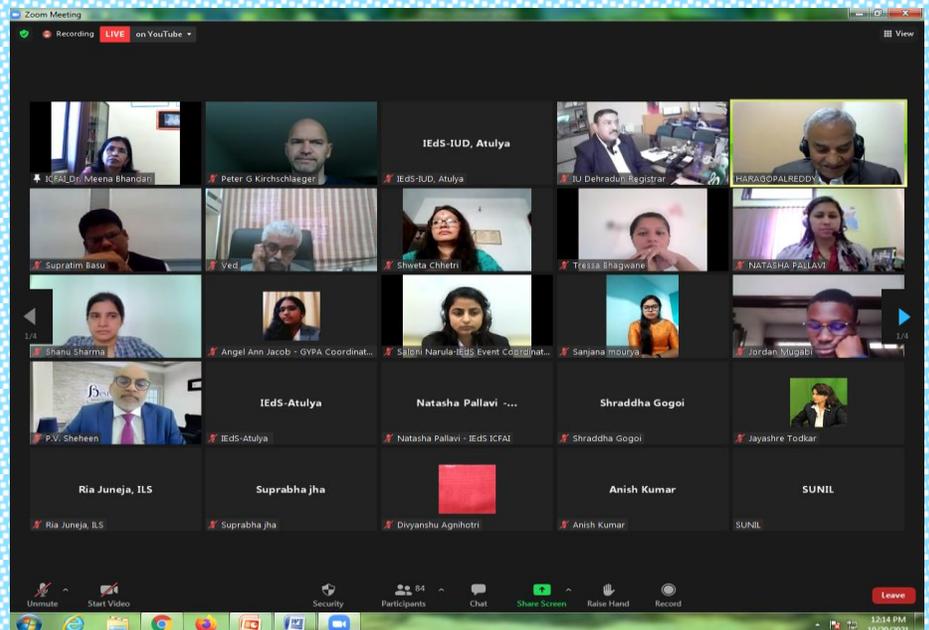
**REGISTRATION LINK:**  
UNIVERSITY STUDENTS: <https://forms.gle/TF8rYB4LfmN3LRW6>  
SENIOR SECONDARY: <https://forms.gle/of8Rgg6dd4d4cMUnh9>

**Prof. Dr. theol. lic. phil. Peter G. Kirchschräger**  
~ Lucern University  
CHIEF GUEST

**20<sup>TH</sup> - 22<sup>ND</sup> OCTOBER 2021**  
TIME : 11 AM IST

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@globalyouthpeaceaccord

natasha@globalyouthpeaceaccord.org  
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+971561866591



## STUDENT EXPEDITION PROGRAM 2021 – AN OVERVIEW

On 20<sup>th</sup> – 21<sup>st</sup> November 2021, Campus to Corporate Club of The ICAFI University, Dehradun organized its first Trekking and Camping Expedition for the year 2021 to NaagTibba, in Garhwal region, Uttarakhand of the Great Himalayas. The registrations for the trek started on 1<sup>st</sup> November 2021. An overwhelming response was received from students. Trek registrations completed before two days of the commencement of the expedition. A total no. of 62 students registered for STEP which was organized by Ms.Natasha Pallavi (Faculty Associate and In charge of Campus to Corporate Club) and a team of experienced trek leaders.

Starting from Pantwari village in two buses, ahead of “the Queen of the hills” Mussoorie, a quiet hamlet in the vicinity of Dehradun after a couple of hours on the trail, we entered the grove of oaks and rhodode greeted with winter blossoms and greenery. The camping for the night was in a clearing at the edge of the forest, overlooking the undulations of the Lesser Himalayan expanding far and beyond. The team of enthusiastic students enjoyed the bliss and serenity of the nature along with creating memories with friends. Games and Music were a part of the entire trekking experience.

The trek team went on up to Nag Tibba base on the first day and marked a temple dedicated to the Serpent God (Naag Devta) and from there to Nag Tibba Summit on 21<sup>st</sup> november morning at 6:00am. The climax of the hike came with the unveiling of a vision of the Gangotri group of peaks. From the high point of Nag Tibba, the team marked the sight of Bandarpoonch, Kedarnath and Chanabang, the mesmerizing snow peaks of the Garhwal Himalayas! By the evening on second day, the team 62 students descended to Pantwari Village where they had refreshment and them boarded in two buses for returning in their nest.



## What is the world teaching us?

Walking our paths not realizing how long we have come and how far yet to go we continue to move on. Reaching the destination has become more important than the journey for us. But maybe the universe for a moment wants us to pause and ponder. Ponder over the lessons everything around us is trying to teach us. Starting with The four seasons which remind us of the fact that nothing in the world is permanent, let it be your state of fear or joy. What you have now shall one day be gone and that change is the only constant in this world. So let the leaves of sorrow shed and sun of summer shine high in sky making your life bloom like a garden of spring flowers.

Now let's jog our memory about the bad days in our lives when everything around came crashing down, appearing all dull and gloomy, not making us feel nice. But are our days bad or just a signal to check in with ourselves and ask some hard questions about life. Self-analysis is the key to improvement and growth, just as bad days making a major part of good life.

Taking lessons from plants was never taught to us and may be the very thought of it never came to our minds. But do you know that our lives is no different from that of a plant. The environment we live in is vital for both plants and humans. Given the right care and attention both prosper and thrive, if not they slowly die.

A little bird who is flying for the first time does not stop from spreading its wings with the mere fear of falling, rather take the chance and make the most of its first experience teaching us what it means to take a giant leap towards our dreams not fearing whether we fall or rise.

So, let's allow ourselves to slow down a bit and look around to gain a new perspective.



Ms. Lipi Ramola

Batch 2020-22

Ms. Nidhi Sharma

Batch 2021-23



# UTTRAYAN KALIBADI , DEHRADUN

## Uttrayan kali badi,dehradun

- Dhunuchi is a native indian incense burner used during aarti.
- The Dhunuchi has a flared shape and held by a stem and it has a large cavity at the top.it is traditionally made of earthen ware so that heat is insulated from the handle without any discomfort.it is lit by placing camphor at the bottom with coconut husk and Dhuno powder is sprinkled from above.
- This dance has travelled so far and wide that competitions are held to pick out the best dhunuchi dance performer in many states and people participates in it with great enthusiasm.



## DHUNACHI

- Dhunuchi naach is a dance that is performed during the evening durga aarti.it is very common during durga puja.
- To appease goddess Durga ,devotees perform dhunuchi along with the rhythmic beats of Dhak(beat of bengali country drum).
- The devotees who performs it balances the earthen bowl containing burning incense either with his hand or on his forehead or in his mouth.



Ms. Divya Mukherjee

Batch 2021-23



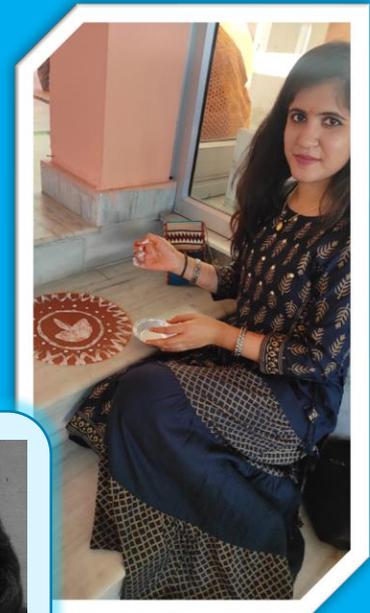
# AIPAN , KUMAON

Aipan means 'arpan' to devote. Aipan is ritualistic folk art, native to Kumaon region of Uttarakhand. It is drawn in auspicious occasions and festivals. The art form is also known to offer protection against evil.It originated in Almora. Aipan is drawn on smooth surface by using geru, which is red in colour. White paste is made by grounding cooked rice in water and this paste is known as bisvar and used to draw patterns on the surface. Now-a-days people use white and red paint to make aipans at home. Creation of an Aipan begins and ends with the dot. The dot, which is placed in the center, symbolizes the center of the universe. Aipan art is becoming popular now-a-days. People are making aipans on clothes, pots and making decorating items by using it. We should make aipans so that our upcoming general will also know about their cultural art form.



Ms. Swati Bhatt

Batch 2021-23



*The more you dig,  
the more you gain!*

Ms. Rekha Chauhan Tyagi  
Batch 2019-21  
Alumnus

This statement proves the reality of our life. It can be co-related with all aspects of this world. If we put more efforts, the flying colours of victory will knock our door. Every month "Thinker's Leaf" brings different and precious jewels from the deep ocean. Here, the students are the sea divers who dive into the 'Ocean of Creativity' and gather new jewels. These jewels are in the form of articles, poems, messages, portraits, images etc. Their hidden talent inspires and motivates others to experiment with themselves and create their own master piece.

This edition is dedicated to the Lord of wisdom, 'Ganpati'. He is the giver of knowledge and wisdom. It also highlights the universal contribution of teachers who are the treasures of knowledge. In this edition, students have also expressed gratitude to their teachers. It also consists of main events organised in the school. Hope this edition will bring a little smile on your face and you will learn some life lesson from it.

ICFAI Education School, The ICFAI University, Dehradun organized a National Webinar in order to celebrate World Environment Day on 8<sup>th</sup> June, 2021 (Tuesday). Dr. Rajendra Singh, Water man of India was the key note Speaker of the event. Vice Chancellor IUD welcomed the speaker and addressed the gathering with his words of wisdom. Mr. Pankaj Joshi, student of B.Ed. Batch (2020-22) hosted the event.

Dr. Rajendra proved to be a great inspiration for all. The event was attended by more than seventy participants. Dr. Meena Bhandari and Ms. Atulya Verma were the conveners and the event was coordinated by Ms. Swati Raturi.

The poster is for a webinar titled "WORLD ENVIRONMENT DAY" presented by ICFAI University, Dehradun. It features a portrait of Dr. Rajendra Singh, the Waterman of India, as the speaker. The event is organized by IE&S (ICFAI Education School) and is scheduled for June 08, 2021, from 1:00 pm to 2:00 pm. The poster also lists the faculty convener, Dr. Meena Bhandari, and the co-ordinator, Ms. Atulya Verma. It includes logos for Zoom, IE&S, and a QR code for registration.

ICFAI  
UNIVERSITY  
The ICFAI University, Dehradun  
Accredited by NAAC

Presents  
A Webinar in connection with  
**WORLD ENVIRONMENT DAY**

Speaker  
Dr. Rajendra Singh  
Waterman of India

Faculty Convener  
Dr. Meena Bhandari,  
Head, IES

Co-ordinator  
Ms. Atulya Verma,  
Asst. Prof. IES-IUD

Organized by  
**IE&S**  
ICFAI EDUCATION SCHOOL

Zoom  
Live Session

June 08, 2021  
1.00 pm to 2.00 pm

Scan to Register

# NATIONAL UNITY DAY

28<sup>th</sup> OCTOBER 2021

ICFAI Education School, The ICFAI University, Dehradun in collaboration with IGID Team organized Principals' meet in order to celebrate National Unity Day. A Felicitation ceremony for eminent principals was organized for their efforts to continue the teaching learning process throughout the pandemic in a seamless manner. Principals/ Heads of about 25 Schools visited the University and took a pledge to preserve the unity, integrity and security of the nation. Brig. Rajiv Sethi, Hon'ble Registrar, IUD appreciated the association of Principals and enlightened the youth with his motivational words. The event was a great success under the leadership of Dr. Meena Bhandari, Head, ICFAI Education School and coordination among Ms. Atulya Verma, Academic Coordinator, ICFAI Education School and Faculty Ms. Swati Raturi and Ms. Natasha Pallavi.



**ICFAI**  
UNIVERSITY  
DEHRADUN

**IEdS**  
ICFAI Education School

## **ICFAI Education School, The ICFAI University, Dehradun**

**Organizes Principals'  
Meet for the Celebrations of  
National Unity Day on**

**28th October, 2021 (Thursday)  
on the**

**THEME**

**'Integrated Youth  
Builds Stronger Nation'**



# THE CAMERA CONUNDRUM

## Of digital dilemmas and intellectual maladies during online learning

The riddle is going on for quite some time now and the camera seemed to have taken all the spotlight being at centre stage of this sweeping bewilderment that stumps the education sector in every pocket of this planet.

Pandemic has certainly disrupted the whole ecology of education, no doubt, but, more than the virus, a substantial damage is done by the growing number of half-validated theories which continue to befuddle the citizens of our huge education fraternity.

In my experience of almost one and a half years of remote teaching, I have faced the dilemma at least thrice on whether it is important (or even justified) for every member on the online platform to keep their video camera 'switched on' during a class, a meeting, a webinar or any such association for such matter during that which substitutes an off-line setting of the same.

In the beginning, a large number of pundits had clamoured for the switching on of the camera referring to the facts that it is the best way to adapt to the new normal and the most authentic asynchronous simulation of a face-to-face class. A thousands of policies were drafted, millions of emails were circulated and a trillions of debates (of course asynchronously with half of the attendees keeping their cameras off and another half without any conceivable netiquette) were fought upon the internet highways. The result was anything between zero-tolerance-policy and inclusive learning in one house and screen time control and accessibility of smartphones and other legitimate devices in the other house.

An apparent improvement of the Global Pandemic situation (for a short while though) during last winter led to a multitude of indecisions while the profit of the online communication apps touched the heaven. Talks have begun coiling up – psychiatrists to academicians argued over the issue of equity and suggested that in order to respect the privacy of space and help people avoid any embarrassment of showing their home environment in the background, it's better to keep the camera policy 'optional'. The parents, students and even the hard core policy makers (in secret though) lauded this new avatar of online teaching.

Soon came the second wave and like the virus as it evolved from alpha to delta plus, the exponential growth in slip-ups in search for a robust academic programme continued to disquiet the seekers and donors of education. A new barrage of policies came into being after dutifully rubbishing the previous year's. The new ideas began dawning among the enlightened intelligentsia. Intellectual ennui paved way for new utilitarian theories of learning. A thousands of corporate maharishis started infiltrating the academic territories and online learning, an emergency jugaad (hack) in the beginning, now received the crowning glory of being the future of education. In all the hoopla, camera-conundrum continues to seduce our intellectual judgment. From setting norms to showing empathy, we ran the whole gamut of human psychology with a distant desire to decipher the cloak and dagger story of our virtual behaviour, but the silence behind the screen seems to elude us always in our quest. With institutions now opening their gates in a bid to return to normalcy, I hope this digital pandemonium will come to an end finally and exist only in the collective memory of the boys and girls as we return to our promised lands; the classrooms.

Mr. Supratim Basu  
Batch 2021-23



# NEWSPAPER HIGHLIGHTS

MNRE & BIS Approved Systems

THE HIMACHAL TIMES - DEHRADUN WEDNESDAY, AUGUST 18, 2021

## Doon City

### Two day Orientation Session on Students' Progression held at ICAFI

DEHRADUN, Aug 17 (HTS) ICAFI Education School, Dehradun, organised a two-day orientation session for the students of the ICAFI Education School, Dehradun, on August 16 and 17. The objective of the session was to provide the students with an overview of the ICAFI Education School, Dehradun, and its various programmes. The session was held in the auditorium of the ICAFI Education School, Dehradun, and was attended by the students of the ICAFI Education School, Dehradun, and their parents. The session was presided over by the Director of ICAFI Education School, Dehradun, and was conducted by the faculty members of the ICAFI Education School, Dehradun. The session was a success and the students and their parents were very satisfied with the session.

### THDC contributes 1 crore to CM relief fund

DEHRADUN, Aug 17 (HTS) The Hydro Electric Development Corporation (THDC) has contributed Rs 1 crore to the Chief Minister's Relief Fund (CMRF) to support the relief work in the State. The contribution was made by the THDC, Dehradun, and was handed over to the CMRF, Dehradun, by the Director of THDC, Dehradun, and the Director of CMRF, Dehradun. The CMRF, Dehradun, is a fund set up by the Government of Uttarakhand to provide relief to the people affected by natural calamities. The THDC, Dehradun, is a public sector enterprise and is a member of the CMRF, Dehradun. The THDC, Dehradun, is a member of the CMRF, Dehradun, and is a member of the CMRF, Dehradun.

### CM Fuzkar Singh Dhoni appreciated the contributions being made by THDC in power generation through hydroelectric projects operated in the State and the cooperation being given by the corporation from time to time in disaster relief works.

DEHRADUN, Aug 17 (HTS) Chief Minister Fuzkar Singh Dhoni appreciated the contributions being made by THDC in power generation through hydroelectric projects operated in the State and the cooperation being given by the corporation from time to time in disaster relief works. The CM, Dehradun, said that the THDC, Dehradun, is a public sector enterprise and is a member of the CMRF, Dehradun. The THDC, Dehradun, is a member of the CMRF, Dehradun, and is a member of the CMRF, Dehradun.

### CII organises conference on Uttarakhand@20 & Vision 2030

DEHRADUN, Aug 17 (HTS) The Confederation of Indian Industry (CII) has organised a conference on Uttarakhand@20 & Vision 2030. The conference was held in the auditorium of the ICAFI Education School, Dehradun, and was attended by the members of the CII, Dehradun, and the members of the CII, Dehradun. The conference was presided over by the President of CII, Dehradun, and was conducted by the members of the CII, Dehradun. The conference was a success and the members of the CII, Dehradun, were very satisfied with the conference.

### Himalayan Public School celebrates I-Day

DEHRADUN, Aug 17 (HTS) Himalayan Public School, Dehradun, celebrated its I-Day on August 17. The school was founded in 1978 and has a long history of providing quality education to the students of Dehradun. The school is a member of the CII, Dehradun, and is a member of the CII, Dehradun. The school is a member of the CII, Dehradun, and is a member of the CII, Dehradun.

## Two-Day Orientation Session on Student Progression Held at ICAFI

THE HIMACHAL TIMES - DEHRADUN DEHRADUN FRIDAY, OCTOBER 29, 2021

## ICFAI University holds Principals' Meet

DEHRADUN, Oct 28 (HTS) ICAFI Education School, Dehradun, organised a Principals' Meet on October 28. The meet was held in the auditorium of the ICAFI Education School, Dehradun, and was attended by the Principals of the ICAFI Education School, Dehradun, and the Principals of the ICAFI Education School, Dehradun. The meet was presided over by the Director of ICAFI Education School, Dehradun, and was conducted by the members of the ICAFI Education School, Dehradun. The meet was a success and the Principals of the ICAFI Education School, Dehradun, were very satisfied with the meet.

### 9 new Covid cases reported in Dehradun

DEHRADUN, Oct 28 (HTS) Nine new Covid-19 cases have been reported in Dehradun. The cases were reported by the Health Department, Dehradun, and were confirmed by the Health Department, Dehradun. The cases were reported by the Health Department, Dehradun, and were confirmed by the Health Department, Dehradun.

### DIT University holds Annual Awards Function

DEHRADUN, Oct 28 (HTS) DIT University, Dehradun, held its Annual Awards Function on October 28. The function was held in the auditorium of the DIT University, Dehradun, and was attended by the students of the DIT University, Dehradun, and the faculty members of the DIT University, Dehradun. The function was presided over by the Vice-Chancellor of DIT University, Dehradun, and was conducted by the members of the DIT University, Dehradun. The function was a success and the students of the DIT University, Dehradun, were very satisfied with the function.

### Mahindra car hits Sambhar Deer near Lachhiwala railway bridge

DEHRADUN, Oct 28 (HTS) A Mahindra car hit a Sambhar Deer near the Lachhiwala railway bridge. The car was driven by a driver and was moving towards the bridge. The car hit the deer and the deer was killed. The car was damaged and the driver was injured. The car was driven by a driver and was moving towards the bridge. The car hit the deer and the deer was killed. The car was damaged and the driver was injured.

### Election fervour in U'khand to get momentum with Amit Shah's visit on Oct 30

DEHRADUN, Oct 28 (HTS) Election fervour in Uttarakhand is expected to get momentum with the visit of Amit Shah on October 30. The visit is expected to be a success and the people of Uttarakhand are looking forward to the visit. The visit is expected to be a success and the people of Uttarakhand are looking forward to the visit.

### Free diabetes, blood pressure

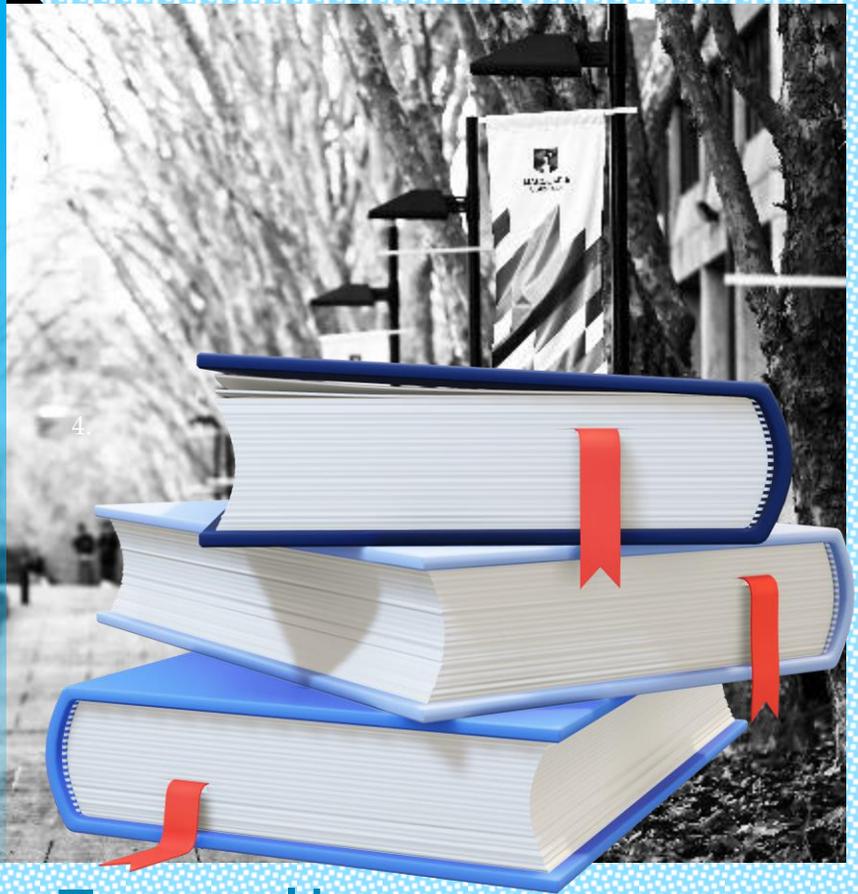
DEHRADUN, Oct 28 (HTS) Free diabetes and blood pressure check-up camps are being organised in Dehradun. The camps are being organised by the Health Department, Dehradun, and are free of cost. The camps are being organised by the Health Department, Dehradun, and are free of cost.

### 30,000 women die every year

DEHRADUN, Oct 28 (HTS) 30,000 women die every year due to various causes. The deaths are caused by various factors such as lack of awareness, poor healthcare, and social norms. The deaths are caused by various factors such as lack of awareness, poor healthcare, and social norms.

## ICFAI University holds Principals' Meet

Education is  
not  
preparation  
for Life;  
Education is  
Life itself.  
- John Dewey



## IEdS - Faculty



**DR. MEENA BHANDARI**  
HEAD, IEDS-IUD



**MS. ATULYA VERMA**  
ACADEMIC COORDINATOR  
IEDS-IUD



**MS SWATI RATURI**  
FACULTY ASSOCIATE  
IEDS-IUD



**MS NATASHA PALLAVI**  
FACULTY ASSOCIATE  
IEDS-IUD

# NEP Symposium

Dr.Meena Bhandari, the Dean of ICFAI Education School participated in National Education Policy Symposium organised by Rishihood University in collaboration with Shigally Hills Internation School, Dehradun on 9<sup>th</sup> Oct 2021.

She presented her views on the implementation of Policy's in the contemprray Education System. The main objective of this Symposium was to create awareness about the newly launched education policy amongst Educational Leaders and Educators. She emphasized on the importance of using a hollistic and multi-disciplinary learning approach which will help the learners adapt and re-invent themseves to fulfill the demands dynamic, socio-cultural changes.



# INVITATION

AS A GUEST OF HONOUR

An exhibition 'The Florentine Renaissance' was organized by Mount Litera Zee School, Dehradun on 5th December, 2021 which exhibited the talent of students and creativity of their Teachers, Mentors in the form of working/ non-working models, dance performances, presentation by students etc.

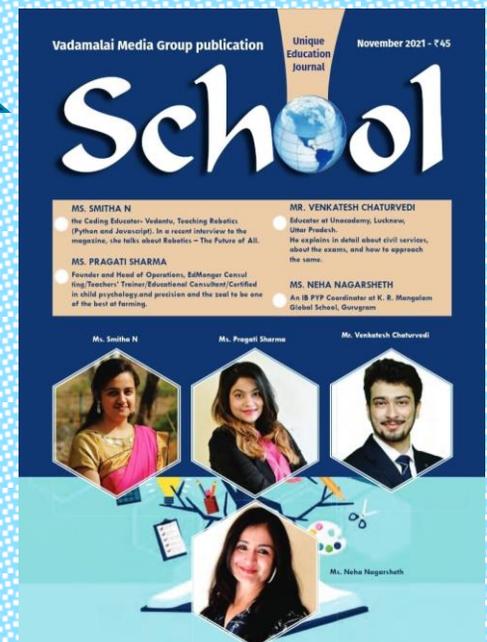
Dr. Meena Bhandari, Dean, ICFAI Education School was invited as Guest of Honour to grace the occasion. She appreciated the commendable efforts of School Teachers, staff and students. Special thanks of gratitude was offered to Principal Madam, Dr. Sangita Bhardwaj.



TALK BY Dr. MEENA BHANDARI  
ROLE OF MOTIVATION IN EFFECTIVE TEACHING  
LEARNING PROCESS

Organised By – IndiaSchoolNews.Bangalore

Motivation is a word in itself which is applicable to people in all box of life, not only to Teachers or Students. People of any age group need motivation. For Teachers it is required all the more in order to enhance the Teachin-Learning Process and to provide quality Education to ensure that Students actually gets what the Teachers desire.



ART WORK BY  
Ms. ATULYA VERMA  
ACADEMIC COORDINATOR  
IEdS



ARTICLE PUBLISHED ON WEBPAGE OF UNESCO, BANGKOK

NATASHA PALLAVI (FACULTY ASSOCCOATE- IEdS)  
& STEERING COMMITTEE MEMBER OF UNYAIE

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## Welcome to Youth & AI Ethics Steering Committee

NATASHA PALLAVI

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### AI AND I: GLOBAL SUMMIT ON ETHICS IN AI

NATASHA PALLAVI 22 hours ago · 2 min read

Global Youth Peace Accord organized AI and I: The Global Summit on Ethics in Artificial Intelligence, a two-day virtual event held on 20th and 22nd October 2021, organized by ICPAI Education School, Dehradun in which over more than 100 participants from universities, colleges, and interns from 11 countries participated.

UNESCO's Youth and AI  
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